IMPORTANT DOCUMENT

HOCKEY BENOIT BARBEAU INC.
6970 Mazarin, Montréal, Québec, Canada H4E 2X7
Tél. / Tel.: (514) 766-7423 Télec. / Fax: (514) 766-9712
Courriel / E-mail: bbarbeau@hockeybbarbeau.com
Site Web / Web Site: www.hockeybbarbeau.com

February 22, 2005

To: All Organizations using the ***ICE HOCKEY TEACHING PROGRAM FOR NOVICE AND PRE-NOVICE*** by Benoit Barbeau
Subject: Application requirements for the 2005-2006 season, Initiation Sector

This document summarizes the requirements to be taken into account regarding how the various manuals of the ***Ice Hockey Teaching Program for Novice and Pre-Novice*** are used. All teaching elements are provided in an annex; coaching follow-up for the Pre-Novice, Novice and Atom Divisions, as well as the included training workshops are also given.

Recommendation for the Novice Division:

Sort the players at the beginning of the season, before the teams are finalized: form a group of beginners (potentially Novice B's or C's) and begin immediately with the ***Red Program***; form a group of more-advanced players (potentially Novice A's) and begin immediately with the ***White Program***. Once the teams have been formed (after 20 hours), the coaches resume with session 21 of their ***Program***.

Recommendation for the Atom Division:

Sort the players at the beginning of the season, before the teams are finalized: form a group of less-advanced players (potentially Atom B's and C's) and begin immediately with the ***White Program***; form a group of more-advanced players (potentially Atom A's and double-letters) and begin immediately with the ***Orange Program***. Once the teams have been formed (after 10 hours), the Atom A-B-C coaches resume with session 11 of their ***Program***. Ensure that the technico-tactical elements in the ***Orange Program*** (sessions 13 to 27) are included in the Atom double-letters' yearly plan.

KEEP FOR REFERENCE

IMPORTANT DOCUMENT

Using the Program Manuals

Group	Manual(s)
5-Year-Old Pre-Novice	Priority*: ***Introduction to Ice Hockey*** (yellow), 25 mandatory sessions Recommended**: ***Introduction to Skating Techniques*** (red)
6-Year-Old Pre-Novice	Priority: ***Introduction to Skating Techniques*** (red), 22 mandatory sessions Recommended: ***Introduction to Puck Control*** (green)
Novice B-C (7-8 years)	Priority: ***Introduction to Skating Techniques*** (red), 22 mandatory sessions at the beginning of the season Priority: ***Introduction to Puck Control*** (green), 20 mandatory sessions starting from hour 23
Novice A (7-8 years)	Priority: ***Reinforcement Program for Novice and House League Atom*** (white), 27 mandatory sessions
Atom C (9-10 years)	Priority: ***Reinforcement Program for Novice and House League Atom*** (white)**,** 27 mandatory sessions
Atom B (9-10 years)	Priority: ***Reinforcement Program for Novice and House League Atom*** (white), 27 mandatory sessions Recommended: ***Introduction to Game Situations*** (orange), approach on a carrier, individual coverage of a non-carrier, 1-on-1 defense and offense, 2-on-1 defense and offense
Atom A (9-10 years)	***Introduction to Game Situations*** (orange), 27 mandatory sessions

* Starting at the beginning of the season

** To be completed following the priority program. Choose topics according to the players' needs.

KEEP FOR REFERENCE

IMPORTANT DOCUMENT

Basic Rental Fees*

Introduction to Ice Hockey (yellow):	$200/year**
Introduction to Skating Techniques (red):	$225/year**
Introduction to Puck Control (green):	$225/year**
Reinforcement Program for Novice and House League Atom (white):	$225/year**
Introduction to Game Situations (orange):	$250/year**

This program satisfies the objectives presented in Hockey Québec's *Regulations and operational framework manual for the initiation sector Pre-Novice, Novice, Atom* concerning how the following four roles are learned:

- Puck carrier on offense (puck protection, dekes, individual uncovering)
- Non-carrier (individual coverage)
- Chaser (stick checking, approach on a carrier)
- Overseer (individual coverage of a non-carrier)

All coaching manuals are also available in French.

* Rates may vary, depending on the size of the organization
** Taxes not included

Pedagogical Follow-Up

Pre-Novice, Novice, Atom: Two visits per group/team. **Rate of $20/hour, plus travel expenses ($0.33/km).** Starting point: Montreal or closer. A written report is produced at the end of the season.

The rate for pedagogical follow-up varies depending on the organization. The possibility to combine different groups/teams' training hours, as well as travel distances are factors to consider while planning your budget.

KEEP FOR REFERENCE

IMPORTANT DOCUMENT

Required Training Workshops

All Coaches (Pre-Novice, Novice, Atom): A three-hour start-up training workshop at the beginning of the season.
Purpose: Overview of the Program's development concept and effective use of the various manuals.

Atom A-B-C and Novice A-B Coaches: Three hours of technico-tactical training supported by audio-visual material. Date to be determined before the 13th session of the Orange Program.

Training Rates

3-Hour Start-Up Training Workshop: Included with the rental package.

Technico-Tactical Training: $175** plus travel expenses invoiced at $0.33/km, including the teaching video used during the presentation.

** Taxes not included

These application requirements are necessary in order to offer an enhanced training and supervisory environment for our coaches and meet the conditions set forth by Hockey Québec. I hope you find this document helpful. Feel free to contact me if you require any additional information. Have a great summer season!

Benoit Barbeau

HOCKEY
BENOIT BARBEAU

KEEP FOR REFERENCE

IMPORTANT DOCUMENT

ICE HOCKEY TEACHING PROGRAM FOR NOVICE AND PRE-NOVICE

	Yellow	Red	Green	White	Orange
TOPICS					
Familiarization with the ice rink	X				
Falling and getting back up	X				
General balance on skates	X				
Forward starts		X		X	X
Stick handling		X			
Basic stance		X			
Forward two-foot stops		X		X	X
Forward strides		X		X	X
Sharp turns		X		X	X
Forward crossovers		X		X	X
Backward strides		X		X	X
Pivots		X		X	X
Backward starts without crossover		X		X	X
Backward crossover starts		X		X	X
Two-foot backward stops		X		X	X
Dribbling			X	X	X
Puck carrying			X	X	X
Sweep passes			X	X	X
Pass reception			X	X	X
Sweep shots			X	X	X
Deking the goaltender			X		X
Puck protection				X	X
Stick checking				X	X
Dekes				X	X
Approach on a carrier					X
Individual coverage of a non-carrier					X
Individual uncovering				X	X
1-on-1 defense and offense					X
1-on-2 defense					X
2-on-1 offense					X

KEEP FOR REFERENCE